# A BILINEAR FOURIER EXTENSION THEOREM AND APPLICATIONS TO THE DISTANCE SET PROBLEM 

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#### Abstract

In this paper, we obtain a weighted version of Tao's bilinear Fourier extension estimate for elliptic surfaces. This implies improved partial results in the direction of Falconer's distance set conjecture in dimensions $d \geq 3$.


## 1. Introduction

In [11], Tao proved the following bilinear Fourier extension estimate. Let $S=\left\{x \in \mathbf{R}^{d}: x_{d}=x_{1}^{2}+\ldots+x_{d-1}^{2}\right\}$ and $d \sigma$ be the surface measure on $S$. Let $\widehat{\mu}$ denote the Fourier transform of the measure $\mu$ in $\mathbf{R}^{d}$,

$$
\widehat{\mu}(\xi)=\int_{\mathbf{R}^{d}} e^{-2 \pi i x \cdot \xi} d \mu(x), \quad \xi \in \mathbf{R}^{d}
$$

Theorem A. Let $d \geq 2$. Let $S_{1}, S_{2}$ be compact subsets of $S$ with $d\left(S_{1}, S_{2}\right)>1$. Then for all $q>\frac{d+2}{d}$, we have

$$
\begin{equation*}
\left\|\widehat{f_{1} d \sigma} \widehat{f_{2} d \sigma}\right\|_{L^{q}\left(\mathbf{R}^{d}\right)} \leq C_{q, d}\left\|f_{1}\right\|_{L^{2}(d \sigma)}\left\|f_{2}\right\|_{L^{2}(d \sigma)} \tag{1}
\end{equation*}
$$

for all $f_{j} \in L^{2}(d \sigma)$ supported in $S_{j}, j=1,2$.
This theorem is proved in [11] for $d \geq 3$. For $d=2$, it has been known for a long time and is basically the Carleson-Sjölin Theorem [2]. Previously, in [15], Wolff obtained Theorem A for the light cone in general dimensions. Tao's proof relies on and extends the ideas in [15].

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We consider the following weighted version of the inequality (1). Fix $\alpha \in(0, d)$. Suppose $H: \mathbf{R}^{d} \rightarrow \mathbf{R}$ satisfies

$$
\begin{align*}
\|H\|_{\infty} & \leq 1,  \tag{2}\\
\int_{B(x, r)}|H(u)| d u & \leq r^{\alpha}, \quad \forall x \in \mathbf{R}^{d}, \quad \forall r>0 . \tag{3}
\end{align*}
$$

For which $q$ and $\alpha$, the inequality

$$
\begin{equation*}
\left\|\widehat{f_{1} d \sigma} \widehat{f_{2} d \sigma}\right\|_{L^{q}(H d \xi)} \leq C_{\alpha, q, d}\left\|f_{1}\right\|_{L^{2}(d \sigma)}\left\|f_{2}\right\|_{L^{2}(d \sigma)} \tag{4}
\end{equation*}
$$

holds for all $f_{j} \in L^{2}(d \sigma)$ supported in $S_{j}, j=1,2$ ?
Obviously, (2) and Theorem A imply that (4) holds for $q>\frac{d+2}{d}$. We improve this range of $q$ for $\alpha<\frac{d+2}{2}$.

Theorem 1. Let $d \geq 3$ and $\alpha \in(0, d)$. Assume that $H$ satisfies (2) and (3). Then, under the hypothesis of Theorem A, (4) holds for any $q>q_{0}(\alpha, d):=\max \left(1, \min \left(\frac{4 \alpha}{d+2 \alpha-2}, \frac{d+2}{d}\right)\right)$.

There is no reason for this theorem to be optimal. In fact, it should be possible to improve the range of $q$ for each $\alpha \in(0, d)$. However, this theorem significantly improves the known estimates for the decay of $L^{2}$ spherical averages of the Fourier transform of fractal measures (see Section 3). Using this we obtain improved partial results in the direction of Falconer's distance set conjecture in dimensions 3 and higher. Let $E$ be a compact subset of $\mathbf{R}^{d}$. The distance set, $\Delta(E)$, of $E$ is defined as

$$
\Delta(E)=\{|x-y|: x, y \in E\}
$$

In [5], Falconer conjectured that:
Conjecture. Let $d \geq 2$. Let $E$ be a compact subset of $\mathbf{R}^{d}$. Then,

$$
\operatorname{dim}(E)>\frac{d}{2} \Longrightarrow|\Delta(E)|>0
$$

Here $|\cdot|$ is the Lebesgue measure and $\operatorname{dim}(\cdot)$ is the Hausdorff dimension.
Falconer's conjecture is open in every dimension. In [5], Falconer gave an example showing that $\frac{d}{2}$ in the conjecture is optimal and
proved that $\operatorname{dim}(E)>\frac{d+1}{2}$ implies $|\Delta(E)|>0$. Bourgain [1] improved this result in every dimension, and in particular proved that in $\mathbf{R}^{2}$, $\operatorname{dim}(E)>\frac{13}{9}$ suffices. Later, Wolff [14] proved that in $\mathbf{R}^{2}, \operatorname{dim}(E)>\frac{4}{3}$ suffices. This is still the best known result in $\mathbf{R}^{2}$. See [3] for a simplified proof of Wolff's theorem. In [4], using Theorem A the author proved that $\operatorname{dim}(E)>\frac{d(d+2)}{2(d+1)}$ suffices. See [14], [8], [3] and [4] for some variations and related results. In this paper, using (a variant of) Theorem 1, we prove

Theorem 2. Let $d \geq 3$. Let $E$ be a compact subset of $\mathbf{R}^{d}$ with

$$
\operatorname{dim}(E)>\frac{d}{2}+\frac{1}{3} .
$$

Then $|\Delta(E)|>0$.

Remark 1. Wolff's result in [14] and Theorem 2 relies on a method developed by Mattila [7, 8]. As it is noted in [14], $\frac{4}{3}$ is the best possible exponent (in $\mathbf{R}^{2}$ ) one can obtain using this method. In $\mathbf{R}^{3}$, the best possible exponent is $\frac{5}{3}$. However, it may be possible to prove Falconer's conjecture in dimensions $d \geq 4$ using Mattila's approach. In particular, it will be clear from the proof of Theorem 2 that the inequality (4) for $\alpha=d / 2$ and for all $q>1$, if true, implies Falconer's conjecture in $\mathbf{R}^{d}$, $d \geq 4$.

Remark 2. As in [4], the assertion of Theorem 2 can be extended to distance sets with respect to general metrics. Let $K$ be a convex symmetric body. Assume that the boundary of $K$ is smooth and has non-vanishing Gaussian curvature. Define $\Delta_{K}(E)=\left\{d_{K}(x, y): x, y \in\right.$ $E\}$, where $d_{K}$ is the distance induced by $K$. Then, the statement of Theorem 2 holds for $\Delta_{K}$.

We prove Theorem 1 in Section 5. In Section 2, we describe some extensions of Theorem 1. In Section 3, we describe Mattila's approach and in Section 4, we prove Theorem 2.

## List of notations

$\chi_{A}$ : characteristic function of the set $A$.
$B(x, r):=\{y:|x-y|<r\}$.
$d(A, B)$ : the distance between the sets $A$ and $B$.
$A_{R}(C):=\left\{x \in \mathbf{R}^{d}:||x|-R| \leq C\right\}$.
$C$ : a constant which may vary from line to line.
$A \lesssim B: A \leq C B$.
$A \approx B: A \lesssim B$ and $B \lesssim A$.
$A \ll B: A \leq \frac{1}{C} B$, for some large constant $C$.
$|A|$ : length of the vector $A$ or the measure of the set $A$.

## 2. Some extensions and corollaries of Theorem 1

Following the remark on page 1381 of [11], one can easily extend Theorem 1 to more general elliptic surfaces. First let us recall the definition of elliptic surfaces from [13] and [4].

Definition 1. We say $\phi: B(0,1) \subset \mathbf{R}^{d-1} \rightarrow \mathbf{R}$ is an $\left(M, \varepsilon_{0}\right)$-elliptic phase if $\phi$ satisfies
i) $\|\phi\|_{C^{\infty}}<M$,
ii) $\phi(0)=\nabla \phi(0)=0$, and
iii) For all $x \in B(0,1)$, all eigenvalues of the Hessian $\phi_{x_{i} x_{j}}(x)$ lie in $\left[1-\varepsilon_{0}, 1+\varepsilon_{0}\right]$.
We say $S$ is an $\left(M, \varepsilon_{0}\right)$-elliptic surface if $S=\{(x, y) \in B(0,1) \times \mathbf{R} \subset$ $\left.\mathbf{R}^{d}: y=\phi(x)\right\}$ for some $\left(M, \varepsilon_{0}\right)$-elliptic phase $\phi$.

We recall the following properties of elliptic phases (see, e.g., [13, 4]):
I) Let $\phi$ be an $\left(M, \varepsilon_{0}\right)$-elliptic phase and $B\left(x_{0}, \eta\right) \subset B(0,1)$. Let

$$
\tilde{\phi}(x):=\frac{1}{\eta^{2}}\left(\phi\left(x \eta+x_{0}\right)-\phi\left(x_{0}\right)-\eta x \cdot \nabla \phi\left(x_{0}\right)\right), \quad x \in B(0,1) .
$$

Then $\tilde{\phi}$ is a $\left(C_{d} M, \varepsilon_{0}\right)$-elliptic phase.
II) Let $S$ be a smooth compact submanifold of $\mathbf{R}^{d}$ with strictly positive principal curvatures. Note that for any $\varepsilon_{0}>0$ and for any $s \in S$ there is a neighborhood $U_{s}$ of $s$ and an affine bijection $a_{s}$ of $\mathbf{R}^{d}$ such
that $a_{s}\left(U_{s}\right)$ is an $\left(M, \varepsilon_{0}\right)$-elliptic surface, where $M$ depends only on $d$, $\|\phi\|_{C^{\infty}}$ and the principal curvatures at $s$. Moreover, by using a partition of unity, we can write $S$ as a union of affine images of finitely many $\left(M, \varepsilon_{0}\right)$-elliptic surfaces.

We have the following generalization of Theorem 1.

Theorem 3. Let $d \geq 3$ and $\alpha \in(0, d)$. Let $H$ be a function satisfying (2) and (3). For any $M>0$, there exists $\varepsilon_{0}>0$ such that the following statement holds.

Let $S_{1}, S_{2}$ be compact subsets of diameter $\approx 1$ of an $\left(M, \varepsilon_{0}\right)$-elliptic surface in $\mathbf{R}^{d}$ with $d\left(S_{1}, S_{2}\right)>\frac{1}{100}$. Let $\sigma$ be the Lebesgue measure on $S$. Then for all $q>q_{0}(\alpha, d)$, we have

$$
\begin{equation*}
\left\|\widehat{f_{1} d \sigma_{1}} \widehat{f_{2} d \sigma_{2}}\right\|_{L^{q}\left(\mathbf{R}^{d}, H d x\right)} \leq C_{M, q, d}\left\|f_{1}\right\|_{L^{2}\left(S_{1}, d \sigma_{1}\right)}\left\|f_{2}\right\|_{L^{2}\left(S_{2}, d \sigma_{2}\right)}, \tag{5}
\end{equation*}
$$

for all $f_{j} \in L^{2}(d \sigma)$ supported in $S_{j}, j=1,2$.
In the application to the distance set problem, we need the following corollary of this theorem. Recall that

Definition 2. A compactly supported probability measure $\mu$ is called $\alpha$-dimensional if it satisfies

$$
\begin{equation*}
\mu(B(x, r)) \leq C_{\mu} r^{\alpha}, \quad \forall r>0, \forall x \in \mathbf{R}^{d} \tag{6}
\end{equation*}
$$

Corollary 1. Let $\mu$ be an $\alpha$-dimensional measure. Let $\beta>0$ and $\beta R^{-1 / 2} \lesssim \eta \lesssim 1$. Let $I_{1}, I_{2}$ be subsets of $A_{R}(\beta)=\{x \in \mathbf{R}:||x|-R|<$ $\beta$, satisfying

$$
\operatorname{diam}\left(I_{j}\right) \approx R \eta, \quad j=1,2, \quad d\left(I_{1}, I_{2}\right) \approx R \eta
$$

Then for any $q>q_{0}(\alpha, d)$

$$
\begin{equation*}
\left\|\widehat{f}_{1} \widehat{f}_{2}\right\|_{L^{q}(d \mu)} \lesssim \beta(R \eta)^{d-1-\frac{\alpha}{q}} \eta^{-\frac{1}{q}}\left\|f_{1}\right\|_{2}\left\|f_{2}\right\|_{2} \tag{7}
\end{equation*}
$$

for any functions $f_{j}$ supported in $I_{j}, j=1,2$.

We need the following version of the uncertainty principle in the proof of the corollary. For a proof see, e.g., [4] and [16, Chapter 5]. Let $\varphi$ be a Schwartz function satisfying

$$
\varphi(\xi)=1, \text { for }|\xi|<2 \text { and } \varphi(\xi)=0, \text { for }|\xi|>4
$$

For each ball $D \subset \mathbf{R}^{d}$ fix an affine bijection $a_{D}$ of $\mathbf{R}^{d}$ which maps $D$ to $B(0,1)$. Let $\varphi_{D}:=\varphi \circ a_{D}$.

Lemma 2.1. Let $\mu$ be an $\alpha$-dimensional measure in $\mathbf{R}^{d}$. Let $D$ be a ball of radius $s$ in $\mathbf{R}^{d}$. Then the function $\mu_{D}:=\left|\varphi_{D}^{\vee}\right| * \mu$ satisfies
i) $\left\|\mu_{D}\right\|_{\infty} \lesssim s^{d-\alpha}$,
ii) $\left\|\mu_{D}\right\|_{1} \lesssim 1$,
ii) $\mu_{D}(\mathcal{B}):=\int_{\mathcal{B}} \mu_{D}(y) d y \lesssim r^{\alpha}$, for any ball $\mathcal{B}$ of radius $r \geq 100 s^{-1}$.

Proof of Corollary 1. Note that $f_{1} * f_{2}$ is contained in a ball $D$ of radius $\approx R \eta$. Therefore

$$
\begin{align*}
\left\|\widehat{f}_{1} \widehat{f}_{2}\right\|_{L^{q}(d \mu)} & =\left\|\left(\widehat{f}_{1} \widehat{f}_{2}\right) * \varphi_{D}^{\vee}\right\|_{L^{q}(d \mu)}  \tag{8}\\
& \lesssim\left\|\widehat{f}_{1} \widehat{f}_{2}\right\|_{L^{q}\left(\left|\varphi_{D}^{\vee}\right| * d \mu\right)}\left\|\varphi_{D}^{\vee}\right\|_{1}^{1 / q^{\prime}} \\
& \lesssim\left\|\widehat{f}_{1} \widehat{f}_{2}\right\|_{L^{q}\left(\mu_{D}\right)} .
\end{align*}
$$

Let $e$ be the unit vector in the direction of the center of mass of $I_{1} \cup I_{2}$. Let $\left\{e_{1}=e, e_{2}, \ldots, e_{d}\right\}$ be an orthogonal basis for $\mathbf{R}^{d}$. Let $T: \mathbf{R}^{d} \rightarrow \mathbf{R}^{d}$ be the linear map which satisfies

$$
T\left(e_{1}\right)=\frac{1}{R \eta^{2}} e_{1}, \quad T\left(e_{j}\right)=\frac{1}{R \eta} e_{j}, j=2,3, \ldots, d,
$$

In view of I) and II) above, $C_{j}=T I_{j}$ is contained in $\approx \frac{\beta}{R \eta^{2}}$-neighborhood of an affine image of a surface $S_{j}, j=1,2$, where the surfaces $S_{1}, S_{2}$ satisfy the hypothesis of Theorem 3 (with $M$ independent of $R, \eta, I_{1}, I_{2}$ ).

Let $g_{j}(x)=f_{j}\left(T^{-1} x\right), j=1,2$. Note that $g_{j}$ is supported in $C_{j}$, $j=1,2$. We have

$$
\widehat{f}_{j}(\xi)=\frac{1}{\operatorname{det}(T)} \widehat{g}_{j}\left(T^{-1}(\xi)\right)=(R \eta)^{d} \eta \widehat{\eta}_{j}\left(T^{-1} \xi\right), \quad j=1,2 .
$$

Therefore,

$$
\begin{align*}
\left\|\widehat{f_{1}} \widehat{f}_{2}\right\|_{L^{q}\left(\mu_{D}\right)} & =(R \eta)^{2 d} \eta^{2}\left[\int\left|\widehat{g_{1}}\left(T^{-1} x\right) \widehat{g_{2}}\left(T^{-1} x\right)\right|^{q} \mu_{D}(x) d x\right]^{1 / q}  \tag{9}\\
& =(R \eta)^{2 d-\frac{d}{q}} \eta^{2-\frac{1}{q}}\left[\int\left|\widehat{g_{1}}(x) \widehat{g_{2}}(x)\right|^{q} \mu_{D}(T x) d x\right]^{1 / q} \\
& =(R \eta)^{2 d-\frac{d}{q}} \eta^{2-\frac{1}{q}}(R \eta)^{\frac{d-\alpha}{q}}\left\|\widehat{g_{1}} \widehat{g_{2}}\right\|_{L^{q}(H d x)},
\end{align*}
$$

where $H(x)=(R \eta)^{\alpha-d} \mu_{D}(T x)$. Using Lemma 2.1, it is easy to see that $H$ satisfies the conditions (2) and (3) (possibly with a constant other than 1 which can be scaled out). Since $g_{j}$ is supported in $C_{j}$, using Theorem 3 we obtain

$$
\begin{equation*}
\left\|\widehat{g_{1}} \widehat{g}_{2}\right\|_{L^{q}(H d x)} \lesssim \frac{\beta}{R \eta^{2}}\left\|g_{1}\right\|_{2}\left\|g_{2}\right\|_{2} \tag{10}
\end{equation*}
$$

We also have

$$
\begin{equation*}
\left\|g_{j}\right\|_{2}=(R \eta)^{-\frac{d}{2}} \eta^{-\frac{1}{2}}\left\|f_{j}\right\|_{2}, \quad j=1,2 \tag{11}
\end{equation*}
$$

Using (8), (9), (10) and (11), we have

$$
\begin{aligned}
\left\|\widehat{f}_{1} \widehat{f}_{2}\right\|_{L^{q}(d \mu)} & \lesssim(R \eta)^{2 d-\frac{d}{q}} \eta^{2-\frac{1}{q}}(R \eta)^{\frac{d-\alpha}{q}} \frac{\beta}{R \eta^{2}}(R \eta)^{-d} \eta^{-1}\left\|f_{1}\right\|_{2}\left\|f_{2}\right\|_{2} \\
& =\beta(R \eta)^{d-1-\frac{\alpha}{q}} \eta^{-\frac{1}{q}}\left\|f_{1}\right\|_{2}\left\|f_{2}\right\|_{2}
\end{aligned}
$$

## 3. Application to the distance set problem

In $[7]$ (also see $([16,8])$, Mattila developed a method to attack the distance set problem. Mattila's approach was used in $[7,1,14,6,4]$. We refer the reader to [14] and [4] for the following version of Mattila's theorem.

Theorem 4. Fix $\alpha \in\left[\frac{d}{2}, \frac{d+1}{2}\right]$ and $q_{0} \in[1,2]$ such that $\alpha\left(1+\frac{1}{q_{0}}\right) \geq d$. Assume that for all $q>q_{0}$, for all $\alpha$-dimensional measures $\mu$, for all $R>1$ and for all $f$ supported in $A_{R}(1)$, we have

$$
\begin{equation*}
\left|\int f^{\vee}(u) d \mu(u)\right| \leq C_{q, \mu} R^{\frac{d-1}{2}-\frac{\alpha}{2 q}}\|f\|_{2}, \tag{12}
\end{equation*}
$$

where $f^{\vee}$ is the inverse Fourier transform of $f$. Then Falconer's conjecture holds for $\alpha$, i.e.

$$
\operatorname{dim}(E)>\alpha \Rightarrow|\Delta(E)|>0 .
$$

In light of Theorem 4, Theorem 2 is a corollary of the following
Theorem 5. Let $\alpha \in(0, d)$ and $q>q_{0}(\alpha, d)$. For all $\alpha$-dimensional measures $\mu$, for all $R>1$ and for all $f$ supported in $A_{R}(1)$, (12) holds.

Like Theorem 2, Theorem 5 was first proved in [14] for $d=2$.
Remark 3. By duality and the uncertainty principle (see [4]), the inequality (12) implies that for every $\beta<\frac{\alpha}{2 q}$

$$
\|\widehat{\mu}(R \cdot)\|_{L^{2}\left(S^{d-1}\right)} \lesssim R^{-\beta}
$$

In fact, one can easily keep track of the constant $C_{q, \mu}$ in (12) and obtain the statement

$$
\begin{equation*}
\|\widehat{\mu}(R \cdot)\|_{L^{2}\left(S^{d-1}\right)} \leq C_{\alpha, \beta} R^{-\beta} \sqrt{I_{\alpha}(\mu)} \tag{13}
\end{equation*}
$$

for any $\beta<\frac{\alpha}{2 q}$ (see $[14,3]$ ). Here $I_{\alpha}(\mu)$ is the $\alpha$-dimensional energy of the measure $\mu$,

$$
I_{\alpha}(\mu):=\iint \frac{d \mu(x) d \mu(y)}{|x-y|^{\alpha}}=C_{\alpha, d} \int \frac{|\widehat{\mu}(\xi)|^{2}}{|\xi|^{d-\alpha}} d \xi
$$

Combining the result of Theorem 5 with the previously known partial results $[7,9,14,10,8,3,4]$, we see that the inequality (13) holds for every

$$
\beta< \begin{cases}\frac{\alpha}{2}, & \alpha \in\left(0, \frac{d-1}{2}\right],  \tag{14}\\ \frac{d-1}{4}, & \alpha \in\left[\frac{d-1}{2}, \frac{d}{2}\right], \\ \frac{d+2 \alpha-2}{8}, & \alpha \in\left[\frac{d}{2}, \frac{d+2}{2}\right] \\ \frac{\alpha-1}{2}, & \alpha \in\left[\frac{d+2}{2}, d\right) .\end{cases}
$$

The range of $\beta$ is optimal for each $\alpha \in(0,2)$ for $d=2$ (see, e.g., $[9,14,3]$ ). In higher dimensions, the range is optimal for $\alpha \leq \frac{d-1}{2}$ (see [9]). However, there is no reason to believe that the range is optimal for $\alpha>\frac{d-1}{2}$ and $d \geq 3$.

## 4. Proof of Theorem 5

The proof is same as the proof given in [4] except a minor change in the inequality (22) below. Fix $\alpha \in(0, d)$. Let $f$ be supported in $A_{R}(1)$ with $L^{2}$ norm 1. Below, we prove that for each $q>q_{0}(\alpha, d)$

$$
\begin{equation*}
\left\|f^{\vee}\right\|_{L^{2}(d \mu)} \lesssim R^{\frac{d-1}{2}-\frac{\alpha}{2 q}} \tag{15}
\end{equation*}
$$

(12) can be obtained from (15) using Cauchy-Schwarz inequality. As in [4], we use the bilinear approach. It suffices to prove (15) for functions $f$ supported in a subset of $A_{R}(1)$ of diameter $\ll R$. Consider a dyadic decomposition of $A_{R}(1)$ into spherical caps, $I$, with dimensions $2 \times 2^{n} \times$ $\ldots \times 2^{n}$ for

$$
R^{\frac{1}{2}} \ll 2^{n} \ll R
$$

We say $I$ has sidelength $2^{n}$ and write $\ell(I)=2^{n}$. The unique cap of sidelength $2^{n+1}$ which contains $I$ is called the parent of $I$. Let $I$ and $J$ be caps with the same sidelength. We say $I$ and $J$ are related, $I \sim J$, if they are not adjacent but their parents are.

Let $f_{I}:=f \chi_{I}$. As in [4], we have

$$
\begin{align*}
\left\|f^{\vee}\right\|_{L^{2}(d \mu)}^{2} & \leq \sum_{R^{\frac{1}{2}} \ll 2^{n} \ll R} \sum_{\ell(I)=2^{n}, I \sim J}\left\|f_{I}^{\vee} f_{J}^{\vee}\right\|_{L^{1}(d \mu)}+\sum_{I \in I_{E}}\left\|f_{I}^{\vee}\right\|_{L^{2}(d \mu)}^{2}  \tag{16}\\
& =: S_{1}+S_{2} .
\end{align*}
$$

Here $I_{E}$ is a set of dyadic caps with sidelengths $\approx R^{\frac{1}{2}}$ satisfying the finite overlapping property:

$$
\begin{equation*}
\left\|\sum_{I \in I_{E}} \chi_{I}\right\|_{\infty} \lesssim 1 \tag{17}
\end{equation*}
$$

First, we obtain a bound for $S_{2}$. Since each $I \in I_{E}$ is contained in a ball $D$ of radius $C R^{\frac{1}{2}}$, we have $f_{I}^{\vee}=f_{I}^{\vee} * \varphi_{D}^{\vee},\left(\varphi_{D}\right.$ is defined in the Section 2). Using this and Cauchy-Schwarz inequality, we have

$$
\begin{equation*}
\left|f_{I}^{\vee}\right| \leq\left(\left|f_{I}^{\vee}\right|^{2} *\left|\varphi_{D}^{\vee}\right|\right)^{\frac{1}{2}}\left\|\varphi_{D}^{\vee}\right\|_{1}^{\frac{1}{2}} \lesssim\left(\left|f_{I}^{\vee}\right|^{2} *\left|\varphi_{D}^{\vee}\right|\right)^{\frac{1}{2}} \tag{18}
\end{equation*}
$$

Using this, Fubini's theorem and Lemma 2.1, we obtain

$$
\begin{equation*}
\left\|f_{I}^{\vee}\right\|_{L^{2}(d \mu)}^{2} \leq \int\left|f_{I}^{\vee}(x)\right|^{2}\left(\mu *\left|\varphi_{D}^{\vee}\right|\right)(x) d x \lesssim\left\|f_{I}^{\vee}\right\|_{2}^{2} R^{\frac{d-\alpha}{2}}=\left\|f_{I}\right\|_{2}^{2} R^{\frac{d-\alpha}{2}} \tag{19}
\end{equation*}
$$

Using (19) and (17), we obtain

$$
S_{2}=\sum_{I \in I_{E}}\left\|f_{I}^{\vee}\right\|_{L^{2}(d \mu)}^{2} \lesssim R^{\frac{d-\alpha}{2}} \sum_{I \in I_{E}}\left\|f_{I}\right\|_{2}^{2} \lesssim R^{\frac{d-\alpha}{2}}\|f\|_{2}^{2}=R^{\frac{d-\alpha}{2}}
$$

This term is harmless since $\frac{d-\alpha}{2} \leq d-1-\frac{\alpha}{q_{0}(\alpha, d)}$, for $\alpha \in(0, d)$.
In the remaining part of the paper we prove that for $q>q_{0}(\alpha, d)$, $S_{1} \lesssim R^{d-1-\frac{\alpha}{q}}$. By a standard $L^{2}$-orthogonality argument (see e.g. [13, $15,3,4])$, it suffices to prove that for each $q>q_{0}(\alpha, d)$, for each $n$ and $I \sim J$ with $|I|=|J|=2^{n}$

$$
\begin{equation*}
\left\|f_{I}^{\vee} f_{J}^{\vee}\right\|_{L^{1}(d \mu)} \leq C_{\alpha, q, d} R^{d-1-\frac{\alpha}{q}}\left\|f_{I}\right\|_{2}\left\|f_{J}\right\|_{2} \tag{20}
\end{equation*}
$$

Let $e$ be the unit vector which is in the direction of the center of mass of $I \cup J$. Consider a tiling of $\mathbf{R}^{d}$ with rectangles $P$ of dimensions $100 \times 100 \frac{2^{n}}{R} \times \ldots \times 100 \frac{2^{n}}{R}$, the long axis being in the direction $e$. For each $P$, let $a_{P}$ be an affine bijection from $\mathbf{R}^{d}$ to $\mathbf{R}^{d}$ which maps $P$ to the unit cube. Let $\phi$ be a Schwartz function satisfying

$$
\begin{equation*}
\phi(x) \geq \chi_{B(0,1)}(x), x \in \mathbf{R}, \quad \text { and } \quad \operatorname{supp}(\widehat{\phi}) \subset B(0,1) \tag{21}
\end{equation*}
$$

Let $\phi_{P}:=\phi \circ a_{P}$ and $f_{I, P}:=\widehat{f_{I}^{v} \phi_{P}}$. Using (21) and the fact that the rectangles $P$ tile $\mathbf{R}^{d}$, we obtain

$$
\begin{align*}
\left\|f_{I}^{\vee} f_{J}^{\vee}\right\|_{L^{1}(d \mu)} & \lesssim \sum_{P} \int\left|f_{I, P}^{\vee}(x) f_{J, P}^{\vee}(x)\right| \phi_{P}(x) d \mu(x) \\
& \lesssim \sum_{P}\left\|f_{I, P}^{\vee} f_{J, P}^{\vee}\right\|_{L^{q}(\mu)}\left\|\phi_{P}\right\|_{L^{\prime}(\mu)}^{1 / q^{\prime}}, \tag{22}
\end{align*}
$$

where $q^{\prime}=\frac{q}{q-1}$.
To estimate $\left\|f_{I, P}^{\vee} f_{J, P}^{\vee}\right\|_{L^{q}(\mu)}$, we use Corollary 1 of Theorem 1. Let $I_{P}$ be the support of $f_{I, P}$. Note that $I_{P}$ is contained in $I+\operatorname{supp}\left(\widehat{\phi_{P}}\right) \subset$ $I+P_{\text {dual }}$, where $P_{\text {dual }}$ is the dual of $P$ centered at the origin. We have

Lemma 4.1. $I+P_{\text {dual }}$ is contained in a spherical cap of dimensions $10 \times \frac{11}{10} 2^{n} \times \ldots \times \frac{11}{10} 2^{n}$ in $A_{R}(10)$ which contains $I$.

See [4] for the elementary proof. Using Lemma 4.1 for $I$ and $J$, we see that $I_{P}$ and $J_{P}$ have diameter $\approx 2^{n}$; they are contained in $A_{R}(10)$ and $d\left(I_{P}, J_{P}\right) \approx 2^{n}$. Therefore, Corollary 1 implies that

$$
\begin{align*}
\left\|f_{I, P}^{\vee} f_{J, P}^{\vee}\right\|_{L^{q}(\mu)} & \lesssim 2^{n\left(d-1-\frac{\alpha}{q}\right)}\left[\frac{2^{n}}{R}\right]^{-\frac{1}{q}}\left\|f_{I, P}\right\|_{2}\left\|f_{J, P}\right\|_{2} \\
& =R^{\frac{1}{q}} 2^{n\left(d-1-\frac{1}{q}-\frac{\alpha}{q}\right)}\left\|f_{I, P}\right\|_{2}\left\|f_{J, P}\right\|_{2} . \tag{23}
\end{align*}
$$

Now, we estimate $\left\|\phi_{P}\right\|_{L^{1}(\mu)}$. Using the Schwartz decay of $\phi_{P}$, we have

$$
\left\|\phi_{P}\right\|_{L^{1}(\mu)} \leq \sum_{j=1}^{\infty} 2^{-M j} \int \chi_{2^{j} P}(x) d \mu(x) .
$$

Note that $2^{j} P$ can be covered by $\approx \frac{R}{2^{n}}$ balls of radius $\approx \frac{2^{j} 2^{n}}{R}$. Since $\mu$ is $\alpha$ dimensional, we get

$$
\begin{equation*}
\left\|\phi_{P}\right\|_{L^{1}(\mu)} \lesssim \sum_{j=1}^{\infty} 2^{-\frac{M j}{2}} 2^{n \alpha-n} R^{1-\alpha} \lesssim 2^{n \alpha-n} R^{1-\alpha} \tag{24}
\end{equation*}
$$

Using (22), (23), (24) and then Cauchy-Schwarz inequality, we get

$$
\begin{aligned}
&\left\|f_{I}^{\vee} f_{J}^{\vee}\right\|_{L^{1}(d \mu)} \lesssim R^{1-\frac{\alpha}{q^{\prime}}} 2^{n\left(\alpha\left(1-\frac{2}{q}\right)+d-2\right)} \\
& \sum_{P}\left\|f_{I, P}\right\|_{2}\left\|f_{J, P}\right\|_{2} \\
& \lesssim R^{1-\frac{\alpha}{q^{\prime}}} 2^{n\left(\alpha\left(1-\frac{2}{q}\right)+d-2\right)}\left[\sum_{P}\left\|f_{I, P}\right\|_{2}^{2}\right]^{\frac{1}{2}}\left[\sum_{P}\left\|f_{J, P}\right\|_{2}^{2}\right]^{\frac{1}{2}}
\end{aligned}
$$

Using the Schwartz decay of $\phi$, the fact that the rectangles $P$ tile $\mathbf{R}^{d}$ and Plancherel formula, we get

$$
\begin{equation*}
\left\|f_{I}^{\vee} f_{J}^{\vee}\right\|_{L^{1}(d \mu)} \lesssim R^{1-\frac{\alpha}{q^{2}}} 2^{n\left(\alpha\left(1-\frac{2}{q}\right)+d-2\right)}\left\|f_{I}\right\|_{2}\left\|f_{J}\right\|_{2} \tag{25}
\end{equation*}
$$

The exponent of $2^{n}$ in (25) is non-negative and $2^{n} \lesssim R$. Therefore

$$
\begin{align*}
\left\|f_{I}^{\vee} f_{J}^{\vee}\right\|_{L^{1}(d \mu)} & \lesssim R^{1-\frac{\alpha}{q^{\prime}}} R^{\alpha\left(1-\frac{2}{q}\right)+d-2}\left\|f_{I}\right\|_{2}\left\|f_{J}\right\|_{2} \\
& =R^{d-1-\frac{\alpha}{q}}\left\|f_{I}\right\|_{2}\left\|f_{J}\right\|_{2} . \tag{26}
\end{align*}
$$

This finishes the proof of Theorem 5.

## 5. Proof of Theorem 1

The proof of Theorem A is quite technical and lengthy. The proof of Theorem 1 is a very simple modification of this proof. Therefore, we just give a short sketch of the argument. We warn the reader that in [11] the letter $n$ is used for dimension. We use the letter $d$ for dimension and $d=n+1$. We also note that the "epsilon-removal" lemma in $[12$, Lemma 2.4] which was used in [11] to reduce the proof to a localized restriction estimate remains valid in our case. Thus, it suffices to prove the following localized version of (4) for each $\eta>0$

$$
\begin{equation*}
\left\|\widehat{f_{1} d \sigma} \widehat{f_{2} d \sigma}\right\|_{L^{q_{0}(\alpha, d)}(B(0, R), H d \xi)} \leq C_{\eta, \alpha, d} R^{\eta}\left\|f_{1}\right\|_{L^{2}(d \sigma)}\left\|f_{2}\right\|_{L^{2}(d \sigma)}, \quad \forall R>1 . \tag{27}
\end{equation*}
$$

In fact, Theorem 2 can be proved using only the localized version (27) since we don't prove an endpoint result.

Fix $\alpha \leq \frac{d+2}{2}$, and let $q_{0}=q_{0}(\alpha, d)$. As in [15], (27) is proved by induction on $\eta$. It is easy to see that (27) holds for each $R>0$ and for each ball $B$ of radius $R$ if $\eta \geq \alpha / q_{0}$. Now, we prove that if (27) holds for some $\eta>0$ (and for each $R$ and $B$ ), then it also holds for $\max ((1-\delta) \eta, C \delta)+C \varepsilon$ for all $0<\delta, \varepsilon<1$. This implies (27) for each $\eta>0$.

The first step in the proof is a standard wave packet decomposition in scale $R$ (see [11, Lemma4.1])

$$
\widehat{f_{j} d \sigma}(\xi)=\sum_{T_{j}} c_{T_{j}} \phi_{T_{j}}(\xi), \quad \xi \in B, \quad j=1,2
$$

Here, $T_{j}$ are $R^{1 / 2}$-separated $R^{1 / 2} \times \ldots \times R^{1 / 2} \times R$ tubes. $c_{T_{j}}$ are constants and $\phi_{T_{j}}$ are Knapp examples. Namely, each $\phi_{T_{j}}$ is essentially supported in the tube $T_{j}$ with a Schwartz decay away from $T_{j}$ and $\phi_{T_{j}}^{\vee}$ is supported in a dual rectangle of $T_{j}$ of dimensions $R^{-1 / 2} \times \ldots \times R^{-1 / 2} \times R^{-1}$ which is contained in $O\left(R^{-1}\right)$ neighborhood of the surface $S_{j}$. The tubes $T_{j}$ are called $S_{j}$-tubes. In [11], the wave packets are normalized so that

$$
\begin{equation*}
\left\|\phi_{T_{j}}\right\|_{2} \approx R^{1 / 2}, \quad \sum_{T_{j}}\left|c_{T_{j}}\right|^{2} \lesssim\left\|f_{j}\right\|_{L^{2}(d \sigma)}^{2} . \tag{28}
\end{equation*}
$$

Moreover, the functions $\phi_{T_{j}}$ are almost orthogonal in the sense that

$$
\begin{equation*}
\left\|\sum \phi_{T_{j}}\right\|_{2}^{2} \lesssim \sum\left\|\phi_{T_{j}}\right\|_{2}^{2} . \tag{29}
\end{equation*}
$$

By dyadic pigeonholing and normalization, we can assume that each $c_{j}$ is either 0 or 1 . Therefore, it suffices to prove that

$$
\begin{equation*}
\left\|\sum_{T_{1} \in \mathbf{T}_{1}} \sum_{T_{2} \in \mathbf{T}_{2}} \phi_{T_{1}} \phi_{T_{2}}\right\|_{L^{q_{0}}(B, H d \xi)} \lesssim R^{\max ((1-\delta) \eta, C \delta)+C \varepsilon}\left(\# \mathbf{T}_{1}\right)^{1 / 2}\left(\# \mathbf{T}_{2}\right)^{1 / 2} \tag{30}
\end{equation*}
$$

for all collections $\mathbf{T}_{j}$ of $S_{j}$-tubes and for each $0<\delta, \varepsilon<1$. Cover $B$ by a collection $\mathcal{B}$ of $O\left(R^{C \delta}\right)$ finitely overlapping balls of radius $R^{1-\delta}$. We need the following lemma which summarizes the main part of the argument in [11].

Lemma 5.1. [11] There is a relation $\sim$ between the balls $Q \in \mathcal{B}$ and the tubes in $\mathbf{T}_{1} \cup \mathbf{T}_{2}$ such that for each $T \in \mathbf{T}_{1} \cup \mathbf{T}_{2}$

$$
\begin{equation*}
\#\{Q \in \mathcal{B}: T \sim Q\} \leq C_{\varepsilon} R^{\varepsilon} \tag{31}
\end{equation*}
$$

and the following $L^{2}$ estimate holds

$$
\begin{equation*}
\left\|\sum_{\left(T_{1}, T_{2}\right) \in Q^{\not ㇒}} \phi_{T_{1}} \phi_{T_{2}}\right\|_{L^{2}(Q)} \lesssim R^{C \delta+C \varepsilon} R^{-(d-2) / 4}\left(\# \mathbf{T}_{1}\right)^{1 / 2}\left(\# \mathbf{T}_{2}\right)^{1 / 2}, \tag{32}
\end{equation*}
$$

where $Q^{\nsim}=\left\{\left(T_{1}, T_{2}\right) \in \mathbf{T}_{1} \times \mathbf{T}_{2}: T_{1} \nsim Q\right.$ or $\left.T_{2} \nsim Q\right\}$.

Remark 4. We use this lemma without any modification in the proof. It may be possible to get an estimate for $\left\|\sum_{\left(T_{1}, T_{2}\right) \in Q^{\not}} \phi_{T_{1}} \phi_{T_{2}}\right\|_{L^{2}(Q, H d \xi)}$ which is better than (32). This would improve the range of $q$ in Theorem 1 and it may give a better partial result in the direction of Falconer's distance set problem.

We have

$$
\begin{aligned}
\left\|\sum_{T_{1} \in \mathbf{T}_{1}} \sum_{T_{2} \in \mathbf{T}_{2}} \phi_{T_{1}} \phi_{T_{2}}\right\|_{L^{q_{0}}(B, H d \xi)} \leq & \sum_{Q \in \mathcal{B}}\left\|\sum_{T_{1} \in \mathbf{T}_{1}} \sum_{T_{2} \in \mathbf{T}_{2}} \phi_{T_{1}} \phi_{T_{2}}\right\|_{L^{q_{0}}(Q, H d \xi)} \\
\leq & \sum_{Q \in \mathcal{B}}\left\|\sum_{T_{1} \sim Q} \sum_{T_{2} \sim Q} \phi_{T_{1}} \phi_{T_{2}}\right\|_{L^{q_{0}}(Q, H d \xi)} \\
& +\sum_{Q \in \mathcal{B}}\left\|\sum_{\left(T_{1}, T_{2}\right) \in Q^{\not ㇒}} \phi_{T_{1}} \phi_{T_{2}}\right\|_{L^{q_{0}}(Q, H d \xi)} \\
= & I_{1}+I_{2}
\end{aligned}
$$

The estimate for $I_{1}$ follows from the induction hypothesis. Remember that $Q$ is a $R^{1-\delta}$-ball, and $\phi_{T_{j}}$ is supported in $O\left(R^{-1}\right)$ neighborhood of $S_{j}, j=1,2$. Therefore

$$
\begin{aligned}
I_{1} & \lesssim R^{-1} R^{(1-\delta) \eta} \sum_{Q \in \mathcal{B}}\left\|\sum_{T_{1} \sim Q} \phi_{T_{1}}\right\|_{2}\left\|\sum_{T_{2} \sim Q} \phi_{T_{2}}\right\|_{2} \\
& \lesssim R^{-1} R^{(1-\delta) \eta} \sum_{Q \in \mathcal{B}}\left(\sum_{T_{1} \sim Q}\left\|\phi_{T_{1}}\right\|_{2}^{2} \sum_{T_{2} \sim Q}\left\|\phi_{T_{2}}\right\|_{2}^{2}\right)^{1 / 2} \\
& \lesssim R^{(1-\delta) \eta} \sum_{Q \in \mathcal{B}}\left(\#\left\{T_{1} \in \mathbf{T}_{1}: T_{1} \sim Q\right\} \#\left\{T_{2} \in \mathbf{T}_{2}: T_{2} \sim Q\right\}\right)^{1 / 2} \\
& \lesssim R^{(1-\delta) \eta+C \varepsilon}\left(\# \mathbf{T}_{1}\right)^{1 / 2}\left(\# \mathbf{T}_{2}\right)^{1 / 2} .
\end{aligned}
$$

The second inequality follows from (29), the third from (28) and the last from (31) and Cauchy-Schwarz. Now, we estimate $I_{2}$. This is the only part of the proof which differs from the proof in [11]. Let

$$
F_{Q}:=\sum_{\left(T_{1}, T_{2}\right) \in Q^{\not ㇒}} \phi_{T_{1}} \phi_{T_{2}} .
$$

Using Hölder's inequality, (2) and (3), we have

$$
\begin{align*}
I_{2} & \lesssim \sum_{Q \in \mathcal{B}}\left\|F_{Q}\right\|_{L^{2}(Q, d \xi)}\left[\int_{Q}|H(\xi)|^{2 /\left(2-q_{0}\right)} d \xi\right]^{\frac{1}{q_{0}}-\frac{1}{2}} \\
& \leq \sum_{Q \in \mathcal{B}}\|F\|_{L^{2}(Q, d \xi)}\left[\int_{Q}|H(\xi)| d \xi\right]^{\frac{1}{q_{0}}-\frac{1}{2}} \\
& \lesssim \sum_{Q \in \mathcal{B}}\|F\|_{L^{2}(Q, d \xi)} R^{\frac{\alpha}{q_{0}}-\frac{\alpha}{2}} \tag{33}
\end{align*}
$$

Using Lemma 5.1 and the definition of $q_{0}=q_{0}(\alpha, d)$ for $\alpha \leq(d+2) / 2$, we have

$$
\begin{aligned}
(33) & \lesssim R^{C \delta+C \varepsilon} R^{-(d-2) / 4} R^{\frac{\alpha}{q_{0}}-\frac{\alpha}{2}}\left(\# \mathbf{T}_{1}\right)^{1 / 2}\left(\# \mathbf{T}_{2}\right)^{1 / 2} \\
& \lesssim R^{C \delta+C \varepsilon}\left(\# \mathbf{T}_{1}\right)^{1 / 2}\left(\# \mathbf{T}_{2}\right)^{1 / 2}
\end{aligned}
$$

This finishes the proof of (30).

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